

# MONTHLY EXPENSES (JUNE 2022)

<b>Name</b>	Name	<b>Department</b>	Department
<b>Email</b>	Email	<b>Approved by</b>	Approved by
<b>Account No</b>	xxxxxxxxxxxxxxxxxxxxxxxxxxxx	<b>Purpose</b>	Purpose

**EMPLOYMENT STATUS:** EMPLOYED, UNEMPLOYED, SELF EMPLOYED, CARER **(PLEASE DELETE)**

<b>Dates</b>	
Date	

## EXPENSES

Category	Dates	Details	Amount
Rent/Mortgage			Amount
Gas			Amount
Electricity			Amount
Water			Amount
Telephone			Amount
Broadband			Amount
Mobile			Amount
Home Insurance			Amount
Car Insurance			Amount
DVLA Road Tax			Amount
MOT			Amount
Pet Insurance			Amount
Life Insurance			Amount
Medical Insurance			Amount
Travel Fuel Personal		Mileage	Amount
Travel Fuel Work		Mileage	Amount
Other Travel		Bus, Train	Amount
Groceries			Amount
Food For Work			Amount
Memberships		Purpose	Amount
Subscription		Purpose	Amount
Higher Purchase		White Goods, Car Repayments, Electronics, Phone	Amount
Loans/Credit Cards			Amount
		<b>Subtotal Expenditure</b>	<b>Amount</b>

Monthly Income			Amount
Benefits		Housing, Income Support, Universal Credit, Child Benefit	Amount
Tax Credits		Child Tax Credits, Working Tax Credits	Amount
Carer's Allowance			Amount
Child Support			Amount
		Subtotal	Amount

Signature

Date

\*\*\*Please use this space OR use an additional sheet to add more expenses such as child car, nursery etc. Try to give more information about your circumstances and if you are behind with your payments.

- 1) Have you contacted anyone about your debt?
- 2) How much debt are you in?
- 3) How much can you afford to pay?
- 4) Has the rise of cost of living affected your health?
- 5) Are you or anyone in your household disabled?
- 6) Are you or anyone in your household vulnerable or have mental health disorders?

Here are some useful contacts.

**Money Advice Service** For free, unbiased, and easy-to-access money tools, information, and advice visit [www.moneyadviceservice.org.uk](http://www.moneyadviceservice.org.uk) or phone 0300 500 5000 to speak to a Money Adviser

**National Debtline** If you live in England, Wales, or Scotland phone 0808 808 4000 or visit [www.nationaldebtline.org](http://www.nationaldebtline.org) for debt advice and information

**StepChange Debt Charity** For debt advice throughout the UK phone 0800 138 1111 or visit [www.stepchange.org](http://www.stepchange.org)

**Citizens Advice**

<https://www.citizensadvice.org.uk/debt-and-money/action-your-creditor-can-take/harassment-by-creditors/>

<https://britishgasenergytrust.org.uk/> (Help with Utility Bills)

<https://britishgasenergytrust.org.uk/fuel-and-money-advice/>

<https://www.turn2us.org.uk/>

<https://applyforleap.org.uk/>

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Designed By Renata